


# Phase 2 Pool Programme

Tuesday 1 September - Sunday 25 October

	6.00	7.00	8.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	
	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	
M	Lanes 30 min slots		Aqua Zumba 08.00 - 08.45	School				Lanes 30 min slots	School			Junior Lessons	Aqua Fit 18.00 - 18.45	Lanes 30 min slots			
T	Lanes 30 min slots		School				Senior Lanes 30 min slots	School			Junior Lessons	Lanes 18.00 - 18.30	Swim Club Booking				
W	Lanes 30 min slots		Aqua Zumba 08.00 - 08.45	School				Lanes 30 min slots	School			Junior Lessons	Aqua Fit 18.00 - 18.45	Lanes 30 min slots			
T	Lanes 30 min slots		School				Lanes 30 min slots	School			Junior Lessons	Lanes 30 min slots	 YD Swim Club	Lanes 20.30 - 21.00			
F	Lanes 30 min slots		School				Aqua Zumba 12.30 - 13.15	School			Junior Lessons	Lanes 30 min slots	Triathlon Training 19.00 - 20.00    20.00 - 21.00				
S			Lanes 30 min slots	Junior Lessons		Swim Bubble											
S			Lanes 30 min slots			Swim Bubble		Swim Bubble									

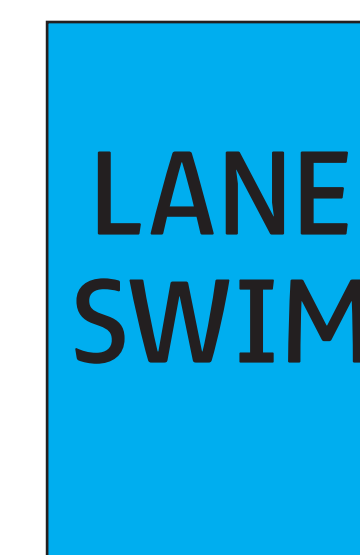
ALL SWIM SLOTS MUST BE PRE BOOKED AND PRE PAID OVER THE PHONE OR ONLINE BEFORE THE SESSION START TIME



## CENTRE OPENING TIMES

MONDAY - FRIDAY - 6.30am - 9.30pm

WEEKEND - 8.00am - 1.00pm



FAST, MEDIUM AND LEISURELY LANE SESSIONS START EVERY 30 MINUTES

FOLLOWING EACH SWIM, SWIMMERS HAVE 15 MINUTES TO SHOWER AND CHANGE



EACH SWIM BUBBLE WILL HAVE HALF THE POOL AND A CHANGING ROOM

GOVERNMENT GUIDANCE ON GATHERINGS APPLIES

